



## MENTOR COACH

### GINA COLUMNA

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Gina Columna is an executive coach, consultant, and facilitator. She has had the pleasure of working with leaders in both higher education and healthcare sectors to improve results from an organizational, team, and individual level starting from the C-suite. She has worked with presidents of hospitals, deans, chief nursing officers, physicians, and senior-level to director-level administrators overseeing functions or multiple service lines.



Gina brings a balanced holistic approach that incorporates professional needs, organizational requirements, and personal well-being into the coaching process. She challenges her clients to examine their beliefs, behaviors, and reality to break out of existing paradigms towards new heights of success. Gina wants to ensure that what you value most, you live. She incorporates managing energy and stress levels as a way to reach peak performance for high achieving leaders with multiple professional and personal responsibilities.

She has been affiliated with the Center for Creative Leadership, a globally-ranked top-five provider of Executive Education, and has served as a mentor coach, executive coach, and adjunct faculty since 2005. Gina facilitates leadership development programs, trains coaches, and provides individual, team, and peer coaching in the public, private, education, and non-profit sectors.

Gina received her M.B.A. from Queens University and is a Professional Certified Coach through the International Coach Federation.

